

For Immediate Release
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Fuel your Body with MCT Oil from Carlson Labs

Arlington Heights, Ill. (October 3, 2016) – Reawaken your energy. Medium-chain triglycerides (MCTs) are healthy fatty acids naturally found in coconut and palm oils. They're one of the cleanest sources for supplying fuel to our bodies, naturally supporting energy production. MCT Oil also supports fat metabolism, brain health, and overall wellness. Each Carlson MCT Oil soft gel provides 1,000 mg of concentrated medium-chain triglyceride oil, composed of 95% caprylic and capric acid.

Fatty acids are defined as compounds composed of long chains of carbon and hydrogen atoms and are categorized by the amount of carbons they have. Short-chain fats have less than six carbons, medium-chain fats have between six and 12 carbons, and long-chain fats have between 13 and 21 carbons. Unlike other fats, which travel through our lymphatic system, MCTs are transported directly to the liver, where they're immediately processed. Since MCTs are easily digested, metabolized, and absorbed, they promote energy production, naturally fueling our body. MCT Oil also supports fat metabolism and brain health.

For more information, visit www.carlsonlabs.com.

About Carlson Labs

Since 1965, Carlson Labs has produced the freshest, purest, award-winning vitamins, minerals, fish oils, and other nutritional supplements. They launched at the forefront of the industry, offering the most complete line of natural-source vitamin E products in the world. They then paved the way for bringing fish oil and cod liver oil to the U.S. Market. In 2009, they launched calamari marine oil, and today, they're proud to bring you a product line of more than 200 innovative formulas designed with your family's unique nutritional needs in mind. For more information, call (888) 234-5656, check out their website at www.carlsonlabs.com, or visit your local natural food store. J.R. Carlson Laboratories, Inc. is located at 600 W. University Dr., Arlington Heights, IL 60004.

The Carlson logo is written in a cursive, script font.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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